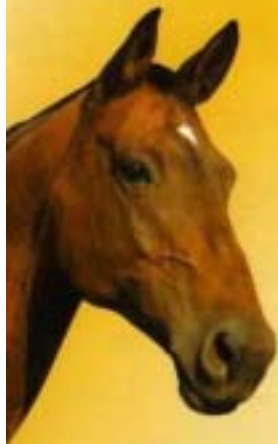


VITALITY • ENDURANCE • MOBILITY • TEMPERAMENT



## Cold Pressed **Flax Oil**

*A naturally high source of essential Omega 3,6,9*

Mount Mills Cold Pressed Flax Oil  
is rich in Omega 3 fatty acids and has many potential  
benefits for your horse.

Horses require a balance of essential fatty acids (EFA) omega-3 and omega-6 to function at optimal level. Horses cannot produce these fats in their body<sup>1</sup>, they must be consumed and are therefore an essential part of their diet.



Mount Mills Cold Pressed Flax Oil is available with handy measured dispensers.

# Mount Mills Cold Pressed Flax Oil

*A naturally high source of essential Omega 3,6,9*

## BROODMARES

Previous research has demonstrated that offering omega-3 fatty acids in the diet of mares will result in the mare cycling sooner and more consistently<sup>2</sup>. This is due to an enhanced hormonal profile. It is recommended that the diet of pregnant mares should be supplemented with omega-3 fatty acids, allowing for the transfer of these beneficial fatty acids to the foal in utero<sup>2</sup>.

## STALLIONS

Studies in Colorado University have shown that breeding stallions who were supplemented with the long chain omega-3 fatty acid DHA, have shown increased sperm concentration<sup>1</sup>.

## SKIN CONDITION

Feeding flax oil to Horses has a beneficial effect on their appearance. The healthy skin benefits of this oil comes from the high levels of naturally occurring Omega 3 fatty acids it contains. In addition to a shiny coat, these Omega 3 EFAs also help horses with skin allergies including Sweet Itch.

## HIGH PERFORMANCE HORSES

Research has demonstrated that products containing essential fatty acids (EFAs) supplemented in the diet of high performance horses<sup>3</sup>:

- Allows for less soreness and stiffness
- Aids in quicker recovery from muscle inflammation
- Induces earlier shedding and hoof durability
- Normalise and rebalance certain prostaglandins which in turn reduce inflammation
- Eliminate lactic acid more readily. High Performance horses depend heavily on

anaerobic glycolysis for energy generation and fatigue is most likely to result from lactic acid accumulation<sup>3</sup>. In reducing this build up, Flax Oil also balances the increased production of the enzymes and hormones involved in performance, this increases speed and endurance<sup>4</sup>.

## IMMUNITY

Flax Oil has been shown to reduce equine endotoxemia (Moore J. & Henry-Barton M., 1995). This inhibits the occurrence of Colic, Laminitis, Organ Failure and other systemic conditions (Henry M. et al, 1991) Clinical Studies have shown that Flax Oil fed in the daily ration over a period of time will have a therapeutic effect on chronic inflammatory and allergic conditions such as Arthritis, Lupus and Ulcerative Colitis<sup>5</sup>.

Mountmills cold pressed flax oil offers a natural and wholesome method to feed your horse with Omega 3

NB. <sup>3</sup>References Available on Request

*Mountmills Cold Pressed Flax Oil - Nature at its Best*

## INGREDIENTS

100% Unrefined Cold Pressed Flax Oil

Produced in Northern Ireland  
Licence Number GB/NI 2573

SUPPLIER: